









# Caroline Senior Café Calendar

17202 Richmond Turnpike, Milford, VA 22514

## September 2018

Café is open Monday, Wednesday, Thursday 10 AM to 2 PM

For pickup call: 540-371-3375 prior to 7:30 AM

Monday	Tuesday	Wednesday	Thursday	Friday
		5 LABOR DAY ACTIVITIES EXERCISE W/ MARK "WHO AM I" DOLLS STORYTELLING  <i>FRESH CONNECTIONS</i>	6 HONEY CRAFT PEN PALS  	
10 KRYSTAL'S CORNER WII BOWLING JEOPARDY  <i>ERRANDS</i>		12 EXERCISE WITH MARK FALL FASHION PROJECT FOLDERS  <i>FRESH CONNECTIONS</i>	13 TRIP OUT  RICHMOND ZOO & LUNCHEON	21 CLOSED
17 MY TRIP TO THE ZOO... WII BOWLING TABLE TOPPER CRAFT  <i>ERRANDS</i>		19 EXERCISE WITH MARK PAINT BY NUMBERS FALL FASHION PROJECT  <i>FRESH CONNECTIONS</i>	20 CROSSWORDS NUTRITION WITH BETH  	
24 OFFICIALLY FALL WII BOWLING WHAT'S IN THE BAG SEASONAL CRAFT  <i>ERRANDS</i>	25 CLOSED	26 EXERCISE WITH MARK APPLE DAY PROJECT   <i>FRESH CONNECTIONS</i>	27 JENGA BIRTHDAY CELEBRATIONS  	28 CLOSED
 <h1>SEPTEMBER</h1>				



If Caroline County Schools are closed due to inclement weather, then the café is closed.







# Fredericksburg Senior Café Calendar

1019 Princess Anne Street, Fredericksburg, VA 22401

## September 2018

Café is open Tuesday, Thursday, Friday 10 AM to 2 PM

For pickup call: 540-371-3375 prior to 7:30 AM

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 Healthy Steps Box of Fun	5	6 Walk About Wheel of Fortune Grocery	7 Trivia Cornhole Bingo
10	11 Movie and Popcorn Box of Fun		13 Art Stretching Grocery	14 Trip Out! Richmond! Virginia Museum of Fine Arts
17	18 Nutrition Class w/ Mary! Stretching Games		20 Healthy Steps Box of Fun Grocery	21 Cornhole Bingo
24	25 September Birthdays! Plants! Box of Fun		27 People's Choice! movie, walk, Healthy Steps, games, Wii, stories, or... all of the above?! Music	28 Madlibs Cornhole Bingo
				



If Fredericksburg City Schools are closed due to inclement weather, then the café is closed.




**George Senior Café Calendar**

8076 Kings Highway, King George, VA 22485

**September 2018**

Café is open Tuesday, Wednesday, Thursday 10 AM to 2 PM

For pickup call: 540-371-3375 prior to 7:30 AM









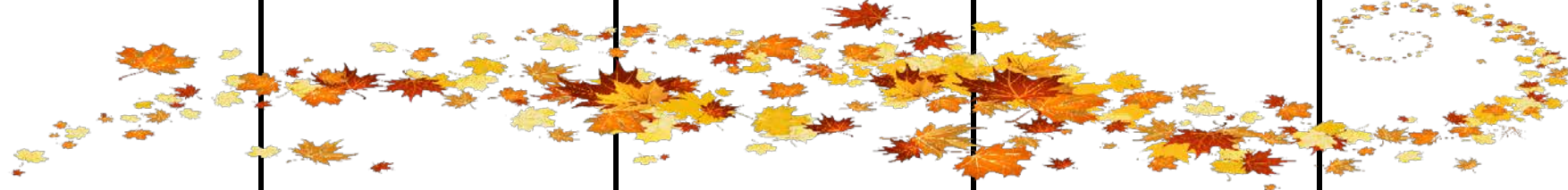
Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 <b>Labor Day Celebration</b>	5 Fall Fashion Duck Toss Banner Redo Exercise <b>Errand Day</b>	6 Flowers Cookie Decorating Folders Exercise <b>Foodlion</b>	7
	11 IG Program Wii Bowling Wheel Of Fortune Excercise Folders	12 Fall Fashion Bingo Folders Excercise <b>Errand Day</b>	13 <b>Chatham Museum</b> 	14 
17	18 IG Program Wii Bowling Corn hole Fall Fashion Exercise	19 Scatagories Min to win Fall Wreaths Exercise <b>Errand Day</b>	20 Bingo Ring Toss  Exercise <b>Foodlion</b>	
24	25 Fall Fashion IG Program Whats in the bag Exercise	26 Wheel Of Fortune Questions Wish Tree <b>Errand Day</b>	27 Bingo Fall Leaves Redo Frame Exercise <b>FoodLion</b>	

September



If King George County Schools are closed due to inclement weather, then the café is closed.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> 	<p>4</p> 	<p>5</p>	<p>6</p> <p>Checkers Jenga</p> <p><b>Shopping/Errand Trip</b></p>	<p>7</p> <p>Craft Fun Afternoon Walk</p> <p><b>Fresh Connection</b></p>
<p>10</p> <p>Game Day Word Search</p> 	<p>11</p>	 <p>Georgia</p>	<p>13</p> <p>Trip Out: Paragon/Regal</p> <p><b>Shopping/Errand Trip</b></p>	<p>14</p> <p>Craft Fun</p>
<p>17</p> <p>Nutrition w/ Mary B Corn Hole</p> 	<p>18</p> 	<p>19</p>	<p>20</p> <p>Birthday Celebration w/ Cheese and Wine Word Search Mid Morning Walk in the Sun</p> <p><b>Shopping/Errand Trip</b></p>	<p>21</p> <p>Craft Fun</p>  <p><b>Fresh Connection</b></p>
<p>24</p> <p>Game Day Coloring</p> 	<p>25</p>	<p>26</p>	<p>27</p> <p>Movie Day w/ Popcorn Dance Fun</p> <p><b>Shopping/Errand Trip</b></p>	<p>28</p> <p>Craft Fun</p> <p><b>Fresh Connection</b></p>
				

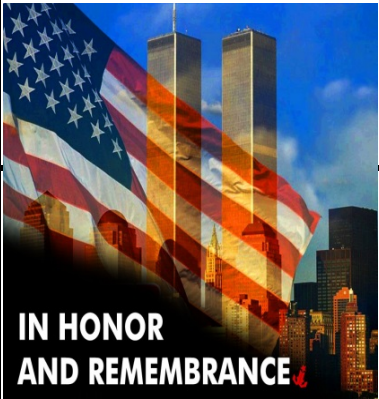


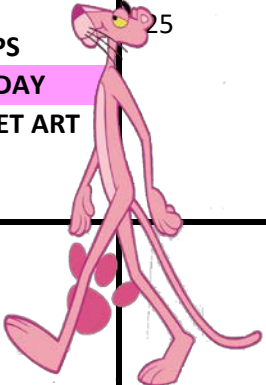


If Spotsylvania County Schools are closed due to inclement weather, then the café is closed.







Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p><b>LABOR DAY</b> CLOSED</p>	 <p><b>IN HONOR AND REMEMBRANCE</b></p>	<p>5</p> <p>HEALTHY STEPS UNCLE SAM CRAFT <b>COLORING HOUR</b> RECYCLE/USE/ REPURPOSE GROCERIES/ERRAND DAY</p>	<p>6</p> <p>CLOSED</p>	<p>7</p> <p>HEALTHY STEPS <b>CONTINUING JOURNAL</b> RECYCLE/USE/ REPURPOSE TGIF BINGO</p>
<p>10</p> <p>HEALTHY STEPS <b>911 REMEMBRANCE</b> FLAG ART/CRAFT RECYCLE/USE/ REPURPOSE</p>		<p>12</p> <p>HEALTHY STEPS WINE AND CHEESE SOCIAL BURLAP ART CLASS RECYCLE/USE/ REPURPOSE GROCERIES/ERRAND DAY</p>		
<p>17</p> <p>HEALTHY STEPS WOOD BURNING CRAFT NUTRITION W/MARY GROCERIES/ERRAND DAY</p>	<p>18</p> <p>CLOSED</p>	<p>19</p> <p>TRIP OUT RICHMOND ZOO</p>		
<p>24</p> <p>HEALTHY STEPS <b>PINK PANTHER DAY</b> ALL ABOUT MAGNET ART</p> 	<p>25</p> <p>CLOSED</p>	<p>26</p> <p>HEALTHY STEPS SEPT BIRTHDAY SOCIAL SCARECROW CRAFT GROCERIES/ERRAND DAY</p>	<p>28</p> <p>HEALTHY STEPS VICTORIAN TEA SOCIAL SUN FLOWER CRAFT TGIF BINGO</p>	



If Stafford County Schools are closed due to inclement weather, then the café is closed.

