

CAREGIVER and ALZHEIMER'S SUPPORT GROUP INFORMATION

Alzheimer's Support Groups

Fredericksburg For Caregivers and Persons with Dementia

2nd Monday- 6:30-8:00pm
Home Instead Senior Care
107 Olde Greenwich Drive, Suite 101
Fredericksburg VA 22408

**Fredericksburg
For Caregivers**
1st Tuesday, 10-11:30 am
Spotsylvania Regional Medical Center
4600 Spotsylvania Ave.
2nd Floor Conference Room
Fredericksburg, VA 22408

**Fredericksburg
For Caregivers**
3rd Tuesday, 6:00 pm- 7:30pm
Spotsylvania Regional Medical Center
4600 Spotsylvania Ave
2nd Floor Conference Room
Fredericksburg, VA 22408

**Fredericksburg
For Caregivers**
3rd Tuesday, 1:30 pm – 3:00pm
Homecare America
2017 Plank Road (Westwood Shopping Ctr.)
Fredericksburg, VA 22401

**Fredericksburg
For Caregivers**
4th Monday, 11:00-12:30pm
England Run Library
806 Lyons Boulevard
Fredericksburg, VA 22406

**Fredericksburg
For Caregivers and Persons with Dementia**
4th Wednesday, 10-11:30am
Grace United Methodist Church
13056 Elk Ridge Road
Fredericksburg, VA 22406

Please call the Fredericksburg branch office of the Alzheimer's Association at 540-370-0835, ext. 8407 for more information on the above support groups.
If schools are closed for inclement weather, there will be no meeting.

Caregivers Support Group

sponsored by Mary Washington Hospital Home Health Agency
Meets the 2nd and 4th Wednesday of each month.

11:00 am – 12 noon

Mary Washington Home Health and Hospice

Please contact Margaret Kenerly, MSW at 540-741-1667 for more information.

Connections Support Group

Sponsored by Poet's Walk Fredericksburg
Meets on the 1st Thursday of each month

4:30 pm

Poet's Walk Fredericksburg

3020 Gordon W. Shelton Boulevard

Fredericksburg, VA 22401

Please contact Valerie Hopson-Bell, at 540-370-8000 for more information.

This information has been compiled by Healthy Generations Area Agency on Aging and is deemed reliable.

For information please call the sponsoring Agency directly

Updated 3/29/18