

# CAREGIVER and ALZHEIMER'S SUPPORT GROUP INFORMATION

## Alzheimer's Support Groups

### **Fredericksburg For Caregivers and Persons with Dementia**

2nd Monday- 6:30-8:00pm  
Home Instead Senior Care  
107 Olde Greenwich Drive, Suite 101  
Fredericksburg VA 22408

### **Fredericksburg For Caregivers**

1st Tuesday, 10-11:30 am  
Spotsylvania Regional Medical Center, 4600  
Spotsylvania Ave.  
2nd Floor Conference Room  
Fredericksburg, VA 22408

### **Fredericksburg For Caregivers**

3rd Tuesday, 6:00 pm- 7:30pm  
Spotsylvania Regional Medical Center  
4600 Spotsylvania Ave  
2<sup>nd</sup> Floor Conference Room  
Fredericksburg, VA 22408

### **Fredericksburg For Caregivers**

3rd Tuesday, 1:30 pm – 3:00pm  
Homecare America  
2017 Plank Road (Westwood Shopping Ctr.)  
Fredericksburg, VA 22401

### **Fredericksburg For Caregivers**

4th Monday, 11:00-12:30pm  
England Run Library  
806 Lyons Boulevard  
Fredericksburg, VA 22406

### **Fredericksburg For Caregivers and Persons with Dementia**

4<sup>th</sup> Wednesday, 10-11:30am  
Grace United Methodist Church  
13056 Elk Ridge Road  
Fredericksburg, VA 22406

Please call the Fredericksburg branch office of the Alzheimer's Association at  
540-370-0835, ext. 8407 or email [lmayers@alz.org](mailto:lmayers@alz.org)  
for more information on the above support groups.  
If schools are closed for inclement weather, there will be no meeting.

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## Caregivers Support Group

sponsored by Mary Washington Hospital Home Health Agency  
Meets the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month.  
11:00 am – 12 noon  
Mary Washington Home Health and Hospice  
Please contact Margaret Kenerly, MSW at 540-741-1667  
for more information.

This information has been compiled by Healthy Generations Area Agency on Aging  
and is deemed reliable.

For information please call the sponsoring Agency directly.

Updated 1/9/18