



Monday	Tuesday	Wednesday	Thursday	Friday
1				
8 WELCOME BACK!!!! Food Lion- errands IG Wii bowling competition Celebrate Birthdays!!!	9 CLOSED	10 Exercise w/ Mark Fresh Connections Crafts- TBD	11 Breakfast @ Bowling Green Bingo Family Fued Faceoff	12 CLOSED
15 CLOSED	16 CLOSED	17 Exercise w/ Mark Bingo Word puzzle race Fresh Connections	18 Spotsylvania Ollies, \$ Tree Fish & Grill	19 CLOSED
22 IG Wii bowling competition Whats in the bag? Food Lion/ Errands	23 CLOSED	24 Exercise w/ Mark Fresh Connections Crafts- TBD	25 Bingo Wine & cheese Dominoes/ Games	26 CLOSED
29 IG Nutrition w/ Beth Wii Bowling competition Food Lion/ errands	30 CLOSED	31 Exercise w/ Mark Fresh Connections \$Price Is Right\$	Birthdays: 8th Iodine 23rd Joann	Available Daily: Coloring pages Word puzzles Rock painting Board games



If Caroline County Schools are closed due to inclement weather, then the café is closed also.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	9 WELCOME TO THE NEW SITE! Tour, Questions... Healthy Steps New Year's Resolutions	10	11 Healthy Steps Box of Fun, Activity Room Songs Grocery/Errands	12 Cornhole Bingo
	16 Closed	17	18 Library Fun and Games Adult Coloring Book Grocery/Errands	19 Trip Out!
	23 January Birthday Celebration Healthy Steps Movie and Popcorn	24	25 Exercise Wheel of Fortune Fun and Games Grocery/Errands	26 Cornhole Bingo
	30 Healthy Steps Art	31 		



If Fredericksburg City Schools are closed due to inclement weather, then the café is closed.

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2		Closed	5 
8 Closed	9 Bingo Library Folders Exercise	10 Wheel Of Fortune Winter Safety Exercise Errand Day	11 Wii Bowling Nutrition/Mary Folders Exercise FoodLion	12 Closed
15 Martin Luther Kings Birthday	16 Closed	17 Bingo Flower arrangements Exercise Please Bring A Vase	18 Trip out	19 Closed
	23 Bingo Library Exercise Folders	24 Memory Scatagories Yarn Project Excercise	25 Wii Bowling Cornhole Folders Exercise FoodLion	26 Closed
	30 Bingo Wine/Design Folders Exercise	31		








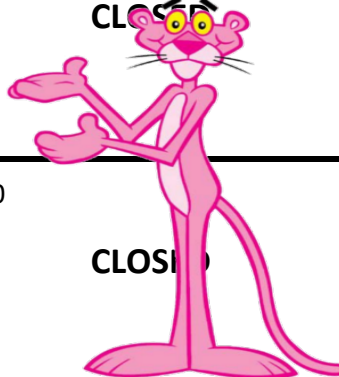

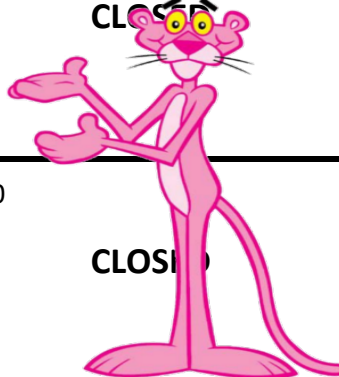



If King George County Schools are closed due to inclement weather, then the café is closed.

Monday	Tuesday	Wednesday	Thursday	Friday
	2	3 	4 CLOSED	5 CLOSED
8 Beach Ball Exercise Coloring Pages 	 <p>A new year is like a blank book. The pen is in your hands. It is your chance to write a beautiful story for yourself.</p>	10 Welcome Back!	11 Game Day Birthday Celebration w/ Cheese & Wine Groceries & Errands	12 Craft Crossword Puzzle Fresh Connections
15  <p>MARTIN LUTHER KING JR. DAY JANUARY 15, 2018</p> Café Closed		17  Delores	18 Trip Out: Shopping Day SuperTarget/Ross for Less Lunch: Legends	19 Craft Checkers Fresh Connections
22 Free-Style Dance Exercise Nutrition w/ Mary 	23	24	25 Game Day Movie and Popcorn Groceries & Errands	26 Craft Coloring Pages Fresh Connections
29 Line Dance Exercise Word Find Pages 	30	31		



If Spotsylvania County Schools are closed due to inclement weather, then the café is closed.

Monday	Tuesday	Wednesday	Thursday	Friday
1		3	5	
8	9	10	11	12
HEALTHY STEPS NEW YEAR'S PARTY NEW YEAR'S RESOLUTIONS CALENDAR CRAFT OUT REACH	 CLOSED 	HEALTHY STEPS PEN PAL PROJECT SNOW FLAKES CRAFTS RECYCLE PROJECT GROCERIES /ERRAND DAY	 CLOSED 	HEALTHY STEPS COLORING HOUR BIRD FEEDERS TGIF BINGO WINTER SAFETY
15	16	17	18	19
CLOSED 	CLOSED 	HEALTHY STEPS CONTINUING JOURNALS WOOD ART CRAFT RECYCLE PROJECT GROCERIES /ERRAND DAY	CLOSED 	HEALTHY STEPS WATER COLOR CRAFT SENIOR ROCKING PROJECT TGIF BINGO
22		24	25	26
HEALTHY STEPS NUTRITION W/ MARY WII BOWLING / CHRIS OUT REACH COLORING HOUR	CLOSED 	HEALTHY STEPS RAG QUILT PROJECT WHEEL OF FORTUNE SUDOKO GROCERIES /ERRAND DAY		HEALTHY STEPS DANCE YOUR HEART AWAY MINUTE TO WIN IT TGIF BINGO COLORING HOUR
29	30	31		
HEALTHY STEPS PINK PANTHER DAY WINE AND CHEESE MANICURES/HAND MASSAGE DOOR DÉCOR CRAFT	CLOSED 	TRIP OUT DOLLAR TREE GOOD WILL LUNCH: CRACKER BARREL WALMART/ GROCERIES		



If Stafford County schools are closed due to inclement weather, then the café is closed.