TRANSPORTATION INVENTORY
RESOURCE GUIDE

Healthy Generations Area Agency on Aging

Mobility Options Transportation Inventory
Resource Guide for Virginia Planning District 16

Effective October 2017
American Cancer Society

PHONE: 1-888-227-6333 (national)

www.cancer.org

Local service provided: Yes

No charges for transportation provided

Rides only provided to and from cancer-related medical appointments

Fleet size: Volunteer Driver Pool

Ambulatory accessibility only

Road to Recovery: This program attempts to provide transportation for those individuals who don’t have a ride or are unable to drive themselves to cancer-related medical appointments. Volunteer drivers donate their time and the use of their vehicles so that patients can receive the life-sustaining medical treatments. Call the national office for further information. Please allow a minimum of four days’ notice before requesting assistance.
AMTRAK

PHONE: 1-800-872-7245

200 Lafayette Boulevard, Fredericksburg, VA 22401 (local PD16 station)

National Headquarters: Union Station, Washington, D.C.

www.amtrak.com

Local service provided: No

Out-of-town service provided: Yes

Wheelchair accessible: Yes

Medicaid recipient: Not accepted

Discount: A number of discounts exist for children, active military, students and older adults. Weekly specials and promotions are also available. Please call for details.

AMTRAK is provided through the National Railroad Passenger Corporation and is wholly owned and managed through the Federal Government. It’s designed to provide inter-city passenger service throughout much of the United States. A substantial number of passenger trains arrive and depart the Fredericksburg rail station; however, there is no station manager, ticket counter or baggage assistance available at this station.
Bay Transit (Colonial Beach Transit)
Westmoreland County, VA
PHONE: 1-877-869-6046

Schedule:
Monday and Friday: Colonial Beach in-town service only
Tuesday and Thursday: Round-trip transportation to the City of Fredericksburg
(King George County residents can access Bay Transit at the King George YMCA. Advanced reservations required, call for details and reservations 804-250-2011)

Local service provided: Yes (see above)
Out-of-town service provided: limited (see above)
Rates: $1.00 each way (discount for older adults; please call for information)
Wheelchair accessibility: Yes
Medicaid recipient: No

Disabled American Veterans (DAV)
George Washington Chapter 7, Fredericksburg, VA
PHONE: 202-632-4631 (Contact Person is Stephen C. Combs, MA)

www.dav.org

Local service provided: Unknown at the present time
Out-of-town service provided: No

Rates: No charge for assistance; currently researching the local resource for Planning District 16

**Fredericksburg Regional Transit (FRED)**

1400 Jefferson Davis Highway, Fredericksburg, VA 22401

PHONE: 540-372-1222

www.rideFRED.com

Local service provided: Yes

- Rates: $1.00 per boarding (no free transfers)
- Route deviation available (24-48 hours advanced notice)
- 21 routes serving all of Planning District 16 excluding King George County; includes regular routes, VRE feeder buses and Eagle Express
- Free Travel Training Services offered in coordination with Rappahannock Area Agency on Aging (call 540-371-3375 for information)

Out-of-town service provided: No

Fleet size: 31 vehicles accommodating up to 24 people per vehicle (not including standing passengers)

Wheelchair Accessibility: Yes

Medicaid Recipient: No

Discount: ½ price fares for Seniors (over 65) and Persons with Disabilities. Monthly and yearly passes available for purchase.
George Washington Regional Commission

GWRideConnect

406 Princess Anne Street, Fredericksburg, VA 22405

PHONE: 540-373-7665 (POOL)

www.gwrideconnect.org

Local service provided: dependent upon interest and need

Out-of-town service provided: Yes. Work-related ridesharing information is available on carpools, buses, Virginia Railway Express (VRE) as well as other transportation resources.

Rates: Monthly fees apply given the set-up of a particular vanpool and bus. The rates are set by the vanpool operator and/or group that lease a van. The driver generally rides for free. Carpools may also have fees, although often there may be none as carpool participants will rotate personal vehicles.

Rappahannock Area Agency on Aging

460 Lendall Lane, Fredericksburg, VA 22405

www.raaa16.org

PHONE: 540-656-2985

Transportation Program Name: Mobility Options/New Freedom is a federally-funded program (5310). This program attempts to provide transportation counseling, free FRED Transit Travel Training services, and low cost transportation to eligible persons with disabilities, and persons with disabilities who are 60 years of age or older. Transportation services are limited due to grant funding constraints. Call for details.
Local service provided: Yes
Out-of-town service provided: Call for information
Rates: $2.00 one-way/$4.00 per round trip
Fleet size: 22 vans and two sedans
Wheelchair Accessibility: Yes (excluding the two sedans)
Medicaid Recipient: No

Rappahannock Area Community Services Board (RACSB)
460 Lendall Lane, Fredericksburg, VA 22405
PHONE: 540-899-4331
www.racsb.state.va.us

Transportation Program Name: Specialized Transportation
This program provides weekday transportation subscription service to individuals with Intellectual Disabilities, Mental Illness, and Substance Abuse problems to RACSB sponsored programs.

Local service provided: Yes- RACSB Sponsored Programs Only
Out-of-town service provided: No
Fleet size: 60 vehicles (varied sizes and capacity.)
Wheelchair Accessibility: Yes (a percentage of the fleet)
Medicaid Recipient: Yes
Rappahannock Rapidan Regional Commission (RRRC)
420 Southridge Parkway, Suite 106, Culpeper, VA 22701
PHONE: 540-445-1VAN (1826)
www.rrregion.org
Contact: Jenny Biche’ Mobility Manager

Transportation Program Name: Foothills Express

Foothills Express is shuttle bus transportation service connecting Culpeper and Madison to destinations in Charlottesville every Tuesday, Wednesday and Thursday. No restrictions or eligibility requirements; however, medical trips are given priority. Reservations are required at least 24 hours in advance. Reservations can make by calling-1-800-365-2868

Local service provided: Yes (limited)
Out-of-town service provided: Yes (limited)
Rates: $3.00 one-way/$5.00 round-trip. Exact change required. Children aged six and under ride for free. Escorts for medical appointments also ride for free.
Wheelchair Accessibility: Yes
Medicaid Recipient: Yes

Transportation Program Name: FAMS One-Call Transportation Center. Free information and referral an all available public, private and volunteer transportation services in Planning District 9 (Culpeper, Orange, Fauquier and Rappahannock Counties.) Free travel planning and trip planning is also available.
Local Service provided: Yes

Out-of-town service provided: Yes (Limited)

Rates: There is no charge for this service. No eligibility requirements.

Wheelchair accessibility: N/A

Medicaid Recipient: N/A

Virginia Railway Express (VRE)

1500 King Street, Alexandria, VA 22314

PHONE: 703-684-1001

www.vre.org

Local service provided: Yes (limited)

Out-of-town service provided: Yes

Wheelchair accessibility: Yes

Medicaid recipient: No

This is round-trip heavy rail commuter service originating in Fredericksburg and terminating at Union Station in Washington, D.C. Available Monday-Friday only; there is one early afternoon reverse commuter train. There may or may not be holiday service dependent upon the holiday. Call for details.

VRE offers discounted tickets for three groups: senior citizens 65 years of age older; youth between the ages of 11 and 17 years of age and persons with disabilities. A 50% discount off the cost of VRE full fare tickets is available for these three population groups. Please call for details.
Virginia Department of Medical Assistance Services (DMAS)

Current vendor: Logisticare

PHONE: 1-866-386-8331

www.logisticare.com

Local service provided: Yes

Out-of-town service provided: Yes

Rates: Please call for details

Fleet size: N/A – arranges all ride requests through local sub-contractors

Wheelchair accessibility: Yes

Medicaid Recipient: Yes

The DMAS contractor serves as a broker and manages and coordinates rides in Virginia. It does not have any vehicles of its own and relies on sub-contractors to provide transportation. All ride requests must be for medical non-emergency appointments only. Please call for more information
PRIVATE FOR PROFITS

Angel Rides Inc.
1952 William Street, Fredericksburg, VA 22401
PHONES: 540-373-5540
Contact: Michelle Dickey
Local service provided: Yes
Out-of-town service provided: Yes
Rates: Please call for rate quotes as each area differs
Fleet size: Three wheelchair vans and two ambulatory vans
Wheelchair accessibility: Three wheelchair vans, no stretcher
Medicaid recipient: Yes 50%, Private 50%

ATK Transportation
5502 Rudy Lane, Fredericksburg, VA 22407
PHONES: (540) 898-8438 or cell (540) 898-8438
Contact: Tony Kay
Local service provided: Yes
Out-of-town service provided: Please call for details. Goes as far as North Carolina.
Rates: Vary depending on location. Fredericksburg within 7 miles $75.00. 8-15 miles $150.00. Richmond: $25 per hour $300 round trip. Caroline: $180-200. Adjusts rates as needed for clients. Depends on person and situation.

Wheelchair accessibility: Yes

Fleet size: Two wheelchair vans and one SUV for ambulatory. Stretcher: Yes

Medicaid recipient: No

Wait time is 15 minutes, maximum. Does not leave clients waiting and sitting.

Bright Day Transit Services

PO Box 5515, Fredericksburg, VA 22403

PHONE: Office- (540) 907-9676, Mobile-(540) 656-6325

www.brightdaytransitservices.com

Contact: Veronica Witherspoon

Local service provided: Yes. Fauquier, Fredericksburg, Prince William, Spotsylvania, and Stafford Counties

Out-of-town service provided: Please call for details.

Rates: Please call for details

Wheelchair accessibility: Yes

Fleet size: One Wheelchair accessible van

Medicaid recipient: No
**Bright Star Home Care**

10401 Courthouse Road, Suite D, Spotsylvania, VA 22553

**PHONE:** 540-376-3131

http://www.brightstarcare.com/fredericksburg/

**Contact:** Andrew Carson

**Local service provided:** Yes. Service is provided to individuals receiving home healthcare from Bright Star Home Care

**Out-of-town service provided:** Please call for details. Exceptions can be made for Richmond, etc.

**Rates:** Please call for details

**Wheelchair accessibility:** No. Passenger must be able to transfer in and out of a vehicle with assistance. Only use caregiver’s car or client privately owned vehicles.

**Medicaid recipient:** No

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**EL Divine Home Healthcare, LLC.**

321 Phillips St, Fredericksburg, VA 22405

**Phone:** 703-987-5052 Primary

540-689-0333 Secondary

**Local Service Provided:** Yes

**Out-of-town service Provided:** Call for details
**Fleet Size:** Two vans

**Wheelchair Accessibility:** Yes, two vans. Stretcher: No

**Rates:** Go by mileage. Please call for details

**Discount:** 5% for senior citizens and military

**Medicaid Recipient:** Yes

Transports for doctor appointments, employment, etc.

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**Get Lifted**

2124 Jefferson Davis Hwy, Ste 201, Stafford, VA 22554

**PHONE:** 540-602-7619

[www.getlifted.com](http://www.getlifted.com)

**Contact:** Kathy Patterson or Nigel Patterson

**Local service provided:** Yes – Caroline, Fredericksburg, King George, Spotsylvania, and Stafford

**Out-of-town service provided:** Yes. Please call for details. Can go to Richmond and Charlottesville.

**Rates:** Varied, please call for details

**Fleet size:** One wheelchair van. Cannot accept oversized wheelchairs.

**Wheelchair Accessibility:** Yes

**Medicaid recipient:** Yes
Greyhound

Local location: 1400 Jefferson Davis Highway, Fredericksburg, VA 22401

PHONE: National- 1-800-231-2222 Local- 540-373-2103

www.greyhound.com

e-mail: ifsr@greyhound.com

Phone for persons with disabilities: 1-800-752-4841

TTY: 1-800-345-3109

Local service provided: No

Out-of-town service provided: Yes

Rates: Costs dependent upon distance traveled; reduced rates for internet users; some savings for advanced purchases

Wheelchair accessibility: Yes (new fleet buses.) Please call for details

Discount: Children, students, active military, veterans and older adults may qualify for a discount. Prices vary. Please call for details.

Home Instead Senior Care

107 Olde Greenwich Drive, Suite 101, Fredericksburg, VA 22408

PHONE: 540-899-1422

www.homeinstead.com/614
Local service provided: Yes

Out-of-town service provided: Please call for details

Rates: Please call for rates

Hourly charge: Please call for details

Fleet size: Care providers make use of their own private vehicles

Wheelchair accessibility: No. Passenger must be able to transfer in and out of a vehicle with assistance.

Medicaid recipient: No

Innovatus Care

4020 Plank Road, Fredericksburg, VA 22407

PHONE: 1-855-411-2110

Contact: Margo Dinkis

http://www.innovatuscare.com/index.html

Local service provided: Yes

Out-of-town service provided: Yes Caroline, Orange, Prince William County, Westmoreland. Please call for details.

Rates: Please call for details

Wheelchair accessibility: No. Passenger must be able to transfer in and out of a vehicle with assistance.
Medicaid recipient: Yes Accepts Anthem, Healthkeepers, Humana, Private pay, Veteran Aide and Attendant, Virginia Medicaid, and other long term insurances.

JDS Transportation
11227 Trisler Drive, Fredericksburg, VA 22407
PHONE: 540-273-0444
Contact: Delancy Jackson
Local service provided: Yes
Out-of-town service provided: Yes
Rates: Please call for details
Fleet size: Ten vehicles
Wheelchair accessibility: The entire fleet is wheelchair accessible. Can accept stretchers.

Medicaid recipient: Yes. Cannot bill Medicaid directly. Have to go through call center.

LifeCare Medical Transport, Inc.
1170 International Parkway, Fredericksburg, VA 22406
PHONE: 1-800-772-1907 (national)
540-752-5883 (local)
www.lifecare94.com
MVP Transports, LLC.
5000 Brookshire Court East, Fredericksburg, VA 22408
www.mvptransports.com
PHONE: 540-710-6435
Contact: Edward Banks

Local Service Provider: Yes, within a pre-set area
Out of service provider: Yes, Varies on distance. Tries not to go more than 20 miles. Please call.

Rates: $7.50 one-way trip within the pre-set coverage area.
       $14.00 RT

Fleet Size: Two vehicles both personal transport. No medical transport.

Wheelchair Accessibility: No
Medicaid Recipient: No
Veteran owned and operated.

**Pride Transportation, LLC**

27 Pendleton Road, Fredericksburg, VA 22405

PHONE: 540-419-7766    Fax: 540-373-7766

Contact: LaTarsha Pride

www.PrideTransports.com

PrideTransport@gmail.com

Local Service Provider: Yes, Fredericksburg, King George, Spotsylvania, and Stafford County.

Out of service provider: Yes, please call for details

Rates: Visit Website and/or call for details

Fleet Size: One vehicle. Bus with a wheelchair ramp.

Wheelchair Accessibility: Yes

Medicaid Recipient: Yes. Everywhere including other states
VIP Medical Transportation, LLC
5710 Lucas Street, Fredericksburg, VA 22407

Phone: 540-300-6126

www.vipmedtransportva.med

Local service provided: Yes. Caroline, Fairfax, Fredericksburg, King George, Spotsylvania, and Stafford

Out-of-town service provided: Yes, please call for details

Rates: Varied, please call for details

Fleet Size: Three vans. No stretcher capacity.

Wheelchair Accessibility: Yes

Medicaid Recipient: No

Veteran owned and operated. CPR/First Aid

Wisdom Ride, Inc.
7293 Macedonia Road, Woodford, VA 22580

PHONE: 804-633-6157 or 540-379-8543

www.wisdomrideinc.com

wisdom1@wisdomrideinc.com (e-mail)

Contacts: Quentin C. Hardy and Sheryl Lewis-Hardy

Local service provided: Yes
Out-of-town service provided: Yes. Everywhere including other states

Rates: Dependent upon distance. Please call for details

Fleet size: Two vans that are wheelchair and stretcher accessible and two SUVs

Wheelchair accessibility: Yes

Medicaid Recipient: Yes
TAXI CABS

Taxicab information for the region is minimal. The only jurisdiction in Planning District 16 that monitors and provides some semblance of regulation on taxicabs is the City of Fredericksburg. For those taxicab companies doing business within the City of Fredericksburg, the city is divided into three zones: there are specific charges to travel either within one city zone or from one zone to another. In addition, there’s a fuel surcharge (currently a flat rate of $2.00) added to each trip. For those trips originating within the City but whose destination is beyond the City of Fredericksburg limits, the rate/charge for the trip is completely negotiable between the passenger and a taxicab company’s dispatch (or with the driver him/herself.) There are added charges for additional passengers and/or waiting time. All information specific to a ride request should be clear and a cost agreed upon prior to any passenger entering a taxicab. There are no regulations at all for any taxicab company located in and doing business within the Counties of Caroline, King George, Spotsylvania and Stafford.
610 Taxi
215 Pepper Tree Lane, Stafford, VA 22554
PHONE: 540-318-5346
Local service provided: Yes
Out-of-town service provided: Please call for details
Rates: $10.00 for the first 3.5 miles; $2.00 per mile afterwards
Fleet size: Two to five vehicles
Wheelchair accessibility: No
Discount: 10% Senior citizen and military

AA Lightfoot Taxi
13908 Eggbornsville Road, Culpeper, VA 22701
PHONE: 540-829-0997
Local service provided: Yes
Out-of-town service provided: Yes
Rates: Please call for details
Fleet Size: Fourteen vehicles
Wheelchair Accessibility: No
Discount: Please call for details
**Bumbrey’s Independent Cab Service**

209 Lafayette Boulevard. Fredericksburg, VA 22401

**PHONE:** 540-373-6111

**Local service provided:** Yes

**Out-of-town service provided:** Yes. Please call for details

**Rates:** $5-6 for the local Fredericksburg area. Prices vary for other counties.

**Fleet size:** Four vehicles

**Wheelchair accessibility:** None

**Discounts:** Limited. Senior citizen and military

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**Checkered Flag Taxicab**

136 Barrett Heights Road, Stafford, VA 22556

**PHONE:** 540-288-8200

**Local service provided:** Yes

**Out-of-town service provided:** Yes

**Rates:** Call for details

**Fleet Size:** 4 Vehicles

**Wheelchair Accessibility:** Operators are able to provide assistance to passengers coming in or out of a taxicab who can transfer
**Discount:** Seniors and Military

**Dominion Cab**

109 Hope Road, Caret, VA 22436

**PHONE:** 540-548-3966

**Local service provided:** Yes

**Out-of-town service provided:** Yes

**Rates:** Fixed depending on where you live

**Fleet size:** Five taxicabs with one including wheelchair accessibility

**Wheelchair accessibility:** Yes

**Discount:** Yes, Senior citizen

**Gary’s Taxi Service**

918 Churchill Drive, Fredericksburg, VA 22407

**PHONE:** (540) 891-6555

**www.taxicabfredericksburg.com**

**Local service provided:** Yes. No more than 100 miles outside of Fredericksburg

**Out-of-town service provided:** Please call for details

**Rates:** Please call for details
Fleet size: Twelve minivans and cars

Wheelchair accessibility: None

Discount: None

Global Cab Inc.

24 Synan Rd. Suite 117, Fredericksburg, VA 22405

PHONE: 540-657-2227

Local service provided: Yes

Out-of-town service provided: Please call for details

Rates: Starting at $5 locally $55 airports

New: Prepaid and preordered groceries $2.50 minimum. $1.25 per mile charged from the pickup location to destination.

Fleet size: Nine vehicles

Wheelchair accessibility: Fold up wheelchairs only

Discount: None

Hilldrup Virginia Taxi Services

2215 Jefferson Davis Highway Suite #104, Fredericksburg, VA 22401

PHONE: 540-373-8294

www.fredtaxicab.com

Local service provided: Yes
Out-of-town service provided: Yes

Rates: Our regular rates within the city of Fredericksburg are based on the three zones and pricing set down by city council. See zone map and related pricing online.

Fleet size: 30+ vehicles

Wheelchair accessibility: None

Discount: Please call for details.

Open 24 hours. Accepts all major credit cards

Yellow Cab of Fredericksburg

100 Princess Anne Street, Fredericksburg, VA 22401

www.Fredericksburgtaxicab.com

Phone: 540-371-8294

Local Service provided: Yes

Out-of-town Service: Yes

Rates: $3.00 load fee

$2.00 per mile

$1.00 per additional passenger

Surcharge: (Snow and gasoline) and additional charges may apply.
Yellow Cab of Prince William County/Hilldrup VA Cab

P.O. Box 141, Woodbridge, VA 22194

PHONE: 703-494-8507

www.yellowcabpw.com

Local Service Provided: Fredericksburg, Prince William County, Spotsylvania, and Stafford

Out-of-town service: Please call for details

Rates: $3.00 load fee

$2.00 per mile for all counties except Fredericksburg. Rates in Fredericksburg are mandated by the city council.

Fleet size: One hundred vehicles with the two companies combined. Wheelchair accessibility in Prince William and North Stafford only.

Medicaid Recipient: No

Discount: Yellow Cab of Prince William offers a 10% discount for senior citizens with a prepaid senior card. Visit website for senior ride.

Yellow Cab of Spotsylvania County

100 Princess Anne Street, Fredericksburg, VA 22401

www.Fredericksburgtaxicab.com

Phone: 540-429-9350

Local Service Provided: 24-hour service/ 365 days a year
Out-of-town Service: Yes. All major airports $110 each $90 for Reagan International $110 for Union Station

Rates: $3.00 load fee
       $2.00 per mile
       $1.00 for additional passengers

Surcharges (snow & gasoline)

Additional charges may apply

Fleet size: Thirty-six vehicles

Wheelchair accessibility: None. Fold up wheelchairs are ok.

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**Yellow Top Taxi**

16 Rapidan Drive, Stafford, VA 22556

www.yellowtopcab.com

Phone: 540-318-5466

Local Service Provided: Yes

Out-of-town service: Yes

Rates: Please call for details

Fleet Size: Please call for details

Wheelchair Accessibility: Please call for details

Discounts: Please call for details
Stafford Yellow Cab Taxi Inc.

52 Midway Road, Stafford, VA 22554

PHONE: 540-720-3005/8294

www.airporttaxiva.com

Local service provided: No

Out-of-town service provided: Yes – Airport Transportation Only

Rates: Please visit website

Fleet size: Five vehicles

Wheelchair accessibility: None

Discount: 5% for senior citizens
TRANSPORTATION NETWORK COMPANIES

Transportation Network Companies (or TNCs) are companies that use on-line (smart phone) technology and computers to connect private vehicles with individuals who seek transportation options. In the Commonwealth of Virginia, TNCs are defined as companies ‘that provide pre-arranged rides for compensation using a digital platform that connects passengers with drivers using a personal vehicle.’

TNCs offer the following advantages to passengers including the ability to:

- Request service via a mobile application (app) or website, which is not always available from taxicab companies.
- Service can often be requested in less populated (small urban and rural) regions that are not regularly served by taxicabs.
- A passenger can track the location of a requested TNC driver with a smart phone.
- The TNC chosen for a trip can also monitor the progress of a trip.
- TNC drivers (with some variations per the jurisdiction and the company) are subject to background checks, training, drug and alcohol policies and insurance mandates.
- TNCs can be less expensive, given the time of day when a trip is requested.
- TNCs, to some extent, reduce traffic congestion because their drivers can’t accept ‘street hails’ as is the case with taxicabs.
The two largest TNC organizations are found below; however, this is a growing industry with scores of smaller companies providing the same service. Please call Mobility Options at 540-656-2985 for clarification or further questions.

**LYFT**

Download app on your phone. Request a ride and go. After the ride, simply pay through your phone. Lyft is available 24 hrs. a day, 7 days a week.

www.lyft.com

**Estimate Trip Cost:** Enter a pickup and drop-off location to estimate the price of your trip. You can make multiple stops per ride.

Base Fare: $1.15
Cancel Penalty: $5.00
Cost per Mile: $1.02
Cost per Minute: $.17
Maximum Fare: $200.00
Scheduled Ride Cancel Penalty $10.00
Service Fee $1.70

**UBER**

Sign up online, download and use app on a smartphone. Trip fares start with a base amount, then increase with time and distance.

www.uber.com
**Request:** Tap each ride option to see wait time, size of vehicle, and price. Then enter your pickup location and tap request. Your driver will arrive in minutes.

**Ride:** Your ride comes to you. You’ll see your driver’s contact information and vehicle details in the app, so you know you’re getting in the right car.

**Pay and Go:** Hop out and rate your driver when you reach your destination. Uber automatically charges the credit card on file, so you never need cash.

**Fare Estimate:** Check the price before you go. Enter a destination to get an estimate for the cost of your ride. Fare estimate is also available by tapping each ride option.

**Split Fare:** Share the cost of your ride with any contact who uses Uber. Tap your driver’s photo to use Split Fare. You can split the cost with everyone in the car.