





Monday	Tuesday	Wednesday	Thursday	Friday
Available daily: Coloring pages, cards word puzzles  Exercise- may be outside weather permitting				1  CLOSED
4  CLOSED  	5  CLOSED	6  Wii Exercise w/ Mark Craft Fresh connections	7  Show & Tell Bingo	8  CLOSED
11  IG Wii bowling Grocery shopping	12  CLOSED	13  Wii Bowling Exercise w/ Mark Fresh connections	14  Wine & cheese Bingo Board games	15  CLOSED
18  IG Nutrition w/ Beth Wii Grocery shopping	19  CLOSED	20  Exercise w/ Mark Family Feud game Fresh connections	21  Bowling @ Splitsville And That, \$ Tree Lunch @ Olive Garden	22  CLOSED
25  IG Wii bowling Grocery shopping	26  CLOSED	27  Exercise w/ Mark Cornhole Fresh connections	28  Breakfast @ BG Rehab Bingo	29  CLOSED



If Caroline County Schools are closed due to inclement weather then the café is closed.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cornhole Word Puzzles Bingo
	5 Healthy Steps Art Wheel of Fortune	6	7 Art/Talent Show prep Errands/Grocery Trip	8 Cornhole Bingo
	12 Movie and Popcorn Cards and Dominoes		14 Library Healthy Steps	15 Cornhole Bingo Madlibs
19 Nutrition Class w/Mary Healthy Steps Box of Fun	20		21 Healthy Steps Errands/Grocery Trip Fashion and Talent Show Prep	22 Trip Out! Downtown Culpepper or Clients Vote (earlier in month)
25	26 Healthy Steps September Birthday Throwdown!	27	28 Library Box of Fun Errands/Grocery Trip	29 Walk About Cornhole Bingo





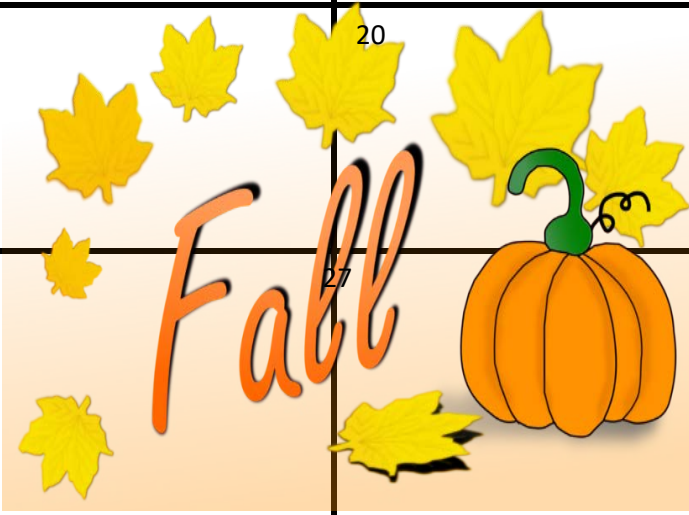
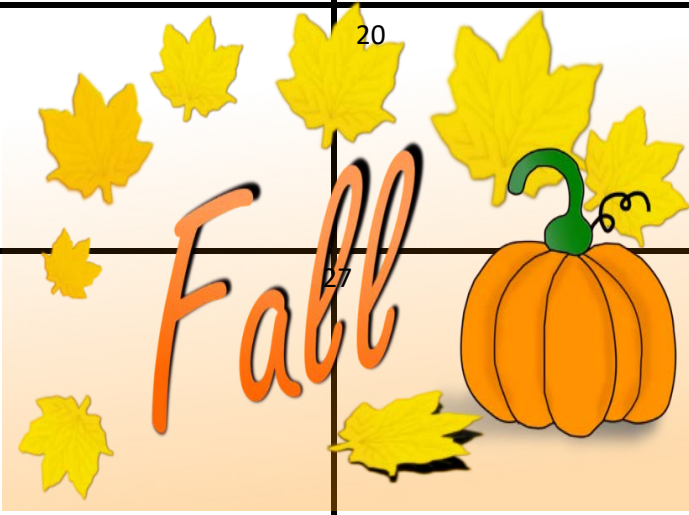


If Fredericksburg City schools are closed due to inclement weather then the café is closed.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Closed
4 Closed	5 Place Mats Leaf Painting Wii Bowling Exercise	6 Coloring pages Suncatchers Beach Ball questions Exercise Errand Day	7 Fans Show practice Bingo Exercise Food Lion	8 Closed
11 Closed	12 Rag Wreaths Wedding pictures game Game Day Exercise	13 Show practice Coloring hour Wii Bowling Exercise Errand Day	14 Trip Out	15 Closed
18 Closed	19 Show practice Coloring hour Rag Wreaths Exercise	20 Bracelet Cuff Word search Wii Bowling Exercise Errand Day	21 Wine and Cheese Geometric Painting Bingo Exercise Food Lion	22 Closed
25 Closed	26 Coloring hour Memory Target Golf Excercise	27 Egg Crate Flowers Wii Bowling Ballon Volley Ball  Errand Day	28 Show Practice Word search Bingo Exercise Birthday Celebration	29 Closed










If King George Public Schools are closed due to inclement weather then the café is closed also.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>JUST AFTER THE DEATH OF FLOWERS                      AND BEFORE THEY ARE BURIED IN SNOW                      THERE COMES A FESTIVAL SEASON                      WHEN NATURE IS ALL AGLOW</b></p>			<p>1                      SEATED EXERCISE INFO                      SEED MOSAIC DESIGNS                      FRESH CONNECTIONS</p>
<p>4                      CLOSED FOR LABOR DAY  <i>Happy Labor Day!</i>  </p>	5	6	<p>7                      MOVIES AT MASSAPONAX                      TBD                      CRACKER BARREL                      GROCERIES &amp; ERRANDS</p>	<p>8                      SEATED EXERCISE INFO                      END OF SUMMER CRAFT:                      PAINTED SHELLS                      BINGO                      FRESH CONNECTIONS</p>
<p>11                      SEATED EXERCISE INFO                      BINGO</p>	<p>12  </p>	<p>13                      HAPPY BIRTHDAY                      GEORGIA 9/17</p>	<p>14                      SEATED EXERCISE INFO                      PATRIOTIC TOPIARY CRAFT                      WORD FIND PUZZLES                      GROCERIES &amp; ERRANDS</p>	<p>15                      NUTRITION WITH MARY B                      WINE &amp; CHEESE                      BIRTHDAY CELEBRATION                      FRESH CONNECTIONS</p>
<p>18                      SEATED EXERCISE INFO                      WRAPPED BRACELET CRAFT                      BINGO</p>	<p>19                        20</p>		<p>21                      SEATED EXERCISE INFO                      RECYCLE PROJECT: PAPER BEADS                      GROCERIES &amp; ERRANDS</p>	<p>22                      SEATED EXERCISE INFO                      FRESH CONNECTIONS                      MOVIE/POPCORN                      PAPER BEADS CONTINUED</p>
<p>25                      SEATED EXERCISE INFO                      disAbility RESOURCE SPEAKER                      BRITTANY @ 10:30                      BINGO</p>	<p>26                        27</p>		<p>28                      SEATED EXERCISE INFO                      COLORING HOUR                      OUTREACH PROJECT:                      STAMPING CRAFT                      GROCERIES &amp; ERRANDS</p>	<p>29                      SEATED EXERCISE INFO                      GAME DAY: CARDS/DOMINOS                      COLORING PAGES                      FRESH CONNECTIONS</p>



If Spotsylvania County schools are closed due to inclement weather then the café is closed.

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>HEALTHY STEPS</b> SKYSCRAPER FRAME ART CONTINUING JOURNAL PROJECT TGIF BINGO PREP RECYCLE FASHION
<b>4</b> CLOSED	<b>5</b> CLOSED	<b>6</b> <b>HEALTHY STEPS</b> ALL ABOUT BOOKS LITERACY DAY ACTIVITIES/ CRAFTS/ GAMES OUT REACH/PEN PALS GROCERIES SPHOPPING/ ERRANDS	<b>-</b> 	<b>8</b> <b>HEALTHY STEPS</b> GRANDPARENTS DAY CELEBRATION MANICURE AND HAND MASSAGE BINGO ROCK PREP RECYCLE FASHION
<b>11</b> <b>HEALTHY STEPS</b> CONTINUING JOURNALS <b>911 REMEMBRANCE CEREMONY</b> WII BOXINGW/ JON USE/RECYCLE/ REPURPOSE <b>WEAR RED /WHITE/BLUE DAY</b>	<b>12</b> 	<b>13</b> <b>HEALTHY STEPS</b> FRIENDSHIP BRACELETS CRAFT RAG QUILT PROJECT MOVIE & POP CORN DAY GROCERIES SPHOPPING/ ERRANDS	<b>14</b> 	<b>15</b> <b>HEALTHY STEPS</b> TEDDY BEAR PICNIC KNOW THE CONSTITUTION ACTIVITY UNCLE SAM BINGO PREP RECYCLE FASHION
<b>18</b> <b>HEALTHY STEPS</b> MARY W/ NUTRITION ROCKING SENIORS ROCK PAINT WII BOWLING W/ MICHELLE PREP RECYCLE FASHION		<b>20</b> <b>HEALTHY STEPS</b> <b>COLORING HOUR</b> ELEPHAN ART/ JEWELRY GOOD BYE SUMMER PARTY GROCERIES SPHOPPING/ ERRANDS	<b>21</b> CLOSED WELCOME FALL	<b>22</b> TRIP OUT ROSES GOOD WILL LUNCH:CRACKER BARREL
<b>25</b> <b>HEALTHY STEPS</b> ALL DAY GAME DAY <b>PINK PANTHER DAY</b> LEAVE CRAFT PREP RECYCLE FASHION	<b>26</b>  CLOSED	<b>27</b> <b>HEALTHY STEPS</b> FELT ROSES CRAFT SILLY QUESTION GAME DAY BRAIN TEASERS PREP RECYCLE FASHION GROCERIES SPHOPPING/ ERRANDS		<b>29</b> <b>HEALTHY STEPS</b> <b>FLAMINGO DAY</b> MAKING FORTUNE COOKIES WINE AND CHEESE DAY TGIF BINGO PREP RECYCLE FASHION



If Stafford County schools are closed due to inclement weather then the café is closed.