
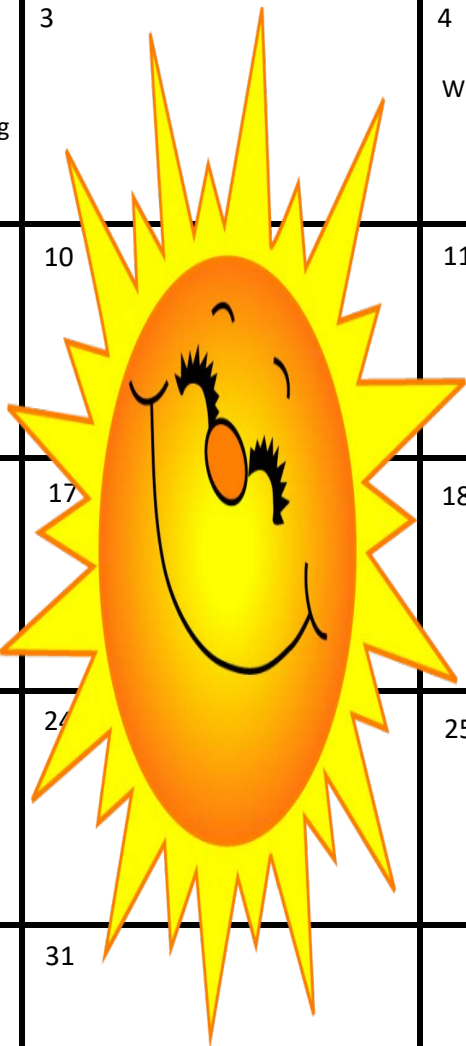





| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 1 | 2 Walk/Exercise Vote on Trip Out/Restaurant Wii Games/Games/Cards/Coloring | 3 | 4 Art Walk/Coloring/Wheel of Fortune Grocery Trip/Errands | 5 Closed Manager Training |
|  | 8 9 Exercise Show and Tell |  | 11 Library Cards & Dominoes Wheel of Fortune Grocery Trip/Errands | 12 Madlibs Word and Math Puzzles Cornhole Bingo |
| | 16 Exercise Wine and Cookies and Words of Inspiration (Favorite poems?) | | 18 Wine and Cookies/ Words of Inspiration Grocery Trip/Errands | 19 Trip Out! (voting May 2) |
| | 23 Exercise Art | | 25 Library Wheel of Fortune Grocery Trip/Errands | 26 Word and Math Puzzles Cornhole Bingo |
| | 30 Exercise May Birthdays! | | 31 | |



If Fredericksburg City Schools are closed due to inclement weather, then the café is closed.




| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| 1  | 2 Bingo Healthy Steps | 3 Social Day! Wii Games Word Search/Coloring/Dominos Walking Exercise Food Connection/Errands | 4 Movie and Popcorn Day! Share and Tell Walking Exercise Fresh Connection | 5 Happy Cinco de mayo!  |
| 8 | 9 Bingo Healthy Steps Therapy Dog | 10 TRIP OUT Chatham Manor Walmart Captain D's for lunch | 11 Craft Day! Share and Tell Walking Exercise Fresh Connection | 12 |
| 15 | 16 Bingo Healthy Steps Birthday Celebration! | 17 Social Day! Wii Games Word Search/Coloring/Dominos Walking Exercise Food Connection/Errands | 18 Gardening Day! Share and Tell Walking Exercise Fresh Connection Birthday Celebration! | 19 |
| 22 | 23 Bingo Healthy Steps | 24 Nutrition w/Mary Wii Games Word Search/Coloring/Dominos Walking Exercise Food Connection/Errands | 25 Card Making Day! Share and Tell Walking Exercise Fresh Connection | 26 |
| 29  | 30 Bingo Healthy Steps | 31 Social Day! Wii Games Word Search/Coloring/Dominos Walking Exercise Food Connection/Errands |  | |



If King George County Public Schools are closed due to inclement weather then the café is also closed.


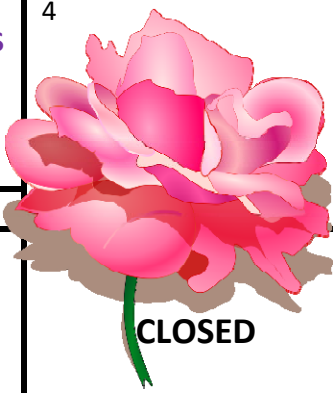






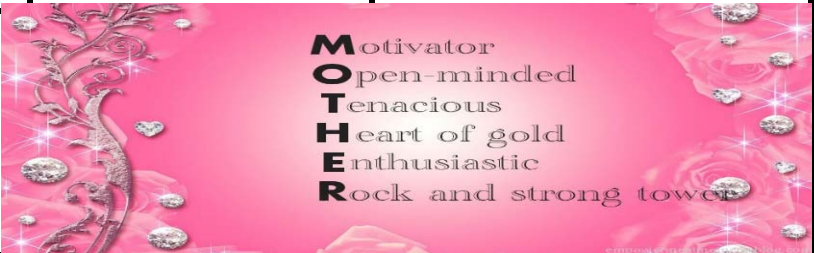
Spotsylvania Senior Cafe Calendar

8800 Courthouse Rd, Spotsylvania, VA 22553

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|-----------------------------|---|--|
| 1 WII BOWLING W/ JOE Cornhole SHOW & TELL COLOR BY NUMBERS CRAFT | 2 CLOSED  | 3 CLOSED Mothers' Day | 4 HEALTHY STEPS W/ M BASKET DECORATION CRAFT GROCERIES SHOPPING / ERRANDS | 5 CINCO DE MAYO PARTY MARACAS CRAFTS BINGO FRESH CONNECTIONS |
| 8 EXERCISE W / LORI CORN HOLE W/ PHILL MOTHER'S DAY CORSAGE CRAFT | 9  | | 11 "HOUR" PICK YOUR GAME DAY BINGO PUZZLES/ WORD SEARCH GROCERIES SHOPPING / ERRANDS | 12 MAY'S BIRTHDAYS WII BOWLING W/ JOE FRESH CONNECTIONS |
| 15 EXERCISE W / LORI "HOUR" PICK YOUR GAME DAY PUZZLES/ WORD SEARCH BINGO | 16 CLOSED | 17 CLOSED | 18 EXERCISE W/ LORI WII- BOWLING W/ LOMAX WINE & CHEESE MOVIE & POPCORN GROCERIES SHOPPING / ERRANDS | 19 EXERCISE W/ LORI WATER COLOR CRAFT NUTRITION W / MARY FRESH CONNECTIONS |
| 22 EXERCISE W / LORI COLORING HOUR BUTTERFLIES CRAFTS BINGO | 23 CLOSED | 24 CLOSED | 25 TRIP OUT DOLLAR TREE MASSAPONAX GOOD WILL LUNCH: GOLDEN CORRAL GROCERIES SHOPPING / ERRANDS | 26 EXERCISE W / LORI "HOUR" PICK YOUR GAME DAY CORN HOLE W/ PHILL FRESH CONNECTIONS |
| 29  | 30 CLOSED | 31 CLOSED | | |



If Spotsylvania County Public County Schools are closed due to inclement weather, then the café is closed.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| <p>1 HEALTHY STEPS MEDITATION FRAME MAKING CRAFT WII BOWLING W/ JON COLORING HOUR MEDICARE PRESENTATION</p> | <p>2  Happy Mother's Day</p> | <p>3 HEALTHY STEPS BIRD DAY CRAFT/ ACTIVITIES ROCK PAINTING CRAFT USE/ RECYCLE/ REPURPOSE GROCERIES SHOPPING</p> | <p>4  CLOSED</p> | <p>5 HEALTHY STEPS SEATED YOGA MOTHER'S DAY BAGS SEWING CONTINUING JOURNALS TGIF BINGO</p> |
| <p>8 HEALTHY STEPS MINUTE TO WIN IT MASON JARS CRAFT WII CANOEING W/ MICHELLE</p> | <p>9 CLOSED MEDICAL APPOINTMENTS</p> | <p>10 HEALTHY STEPS CORSAGE MAKING CRAFT BOOK MARKS CRAFTS GROCERIES SHOPPING</p> | <p>18  CLOSED</p> | <p>19 HEALTHY STEPS MEDITATION WHO WANTS TO BE A MILLIONER MAY BIRTHDAYS CELEBRATION TGIF BINGO</p> |
| <p>15 HEALTHY STEPS CANDLE MAKING TUTORIAL USE/ RECYCLE/ REPURPOSE PEN PALS</p> | <p>16 </p> | <p>17 HEALTHY STEPS NUTRITION W / MARY WINE & CHEESE CONTINUING RAG QUILTS OUT REACH PROJECT GROCERIES SHOPPING</p> | <p>25 </p> | <p>19 HEALTHY STEPS MEDITATION WHO WANTS TO BE A MILLIONER MAY BIRTHDAYS CELEBRATION TGIF BINGO</p> |
| <p>22 HEALTHY STEPS WII BOWLING W/ MICHELLE MANICURES/HAND MASSAGE LETTERS TO SERVICE MEN</p> | <p>24 </p> | <p>24 TRIP OUT STAFFORD MARKET PLACE LUNCH :APPLEBEES GROCERIES SHOPPING WALMART</p> | <p>25 </p> | <p>19 HEALTHY STEPS TAI CHI 3RD ANNUAL SOCK HOP DANCE CONTEST</p> |
| <p>29 CLOSED</p> | <p>29 </p> | <p>31 HEALTHY STEPS PINK PANTHER DAY DOMINOES TOURNAMENT CLEANING HACKS OUT REACH GROCERIES SHOPPING</p> | <p> Motivator Open-minded Tenacious Heat of gold Enthusiastic Rock and strong tower</p> | |



If Stafford County Public Schools are closed due to inclement weather, then the café is closed.